



Love, Intimacy & Romance - Treasuring Relationships

S. Sandy Sanbar, MD, PhD, JD

Thanks and Gratitude



Firdouse Huq, MD
President

**Smita Das,
MD, PhD, MPH**
Secretary



**Ashleigh
Servadio, MSC**
Exec. Director



**All NCPS
Council
Members**

2016

**ARCHWAY
PUBLISHING,
From
SIMON AND
SCHUSTER**

*Dr. Sandy Sanbar
and Judy Rector*

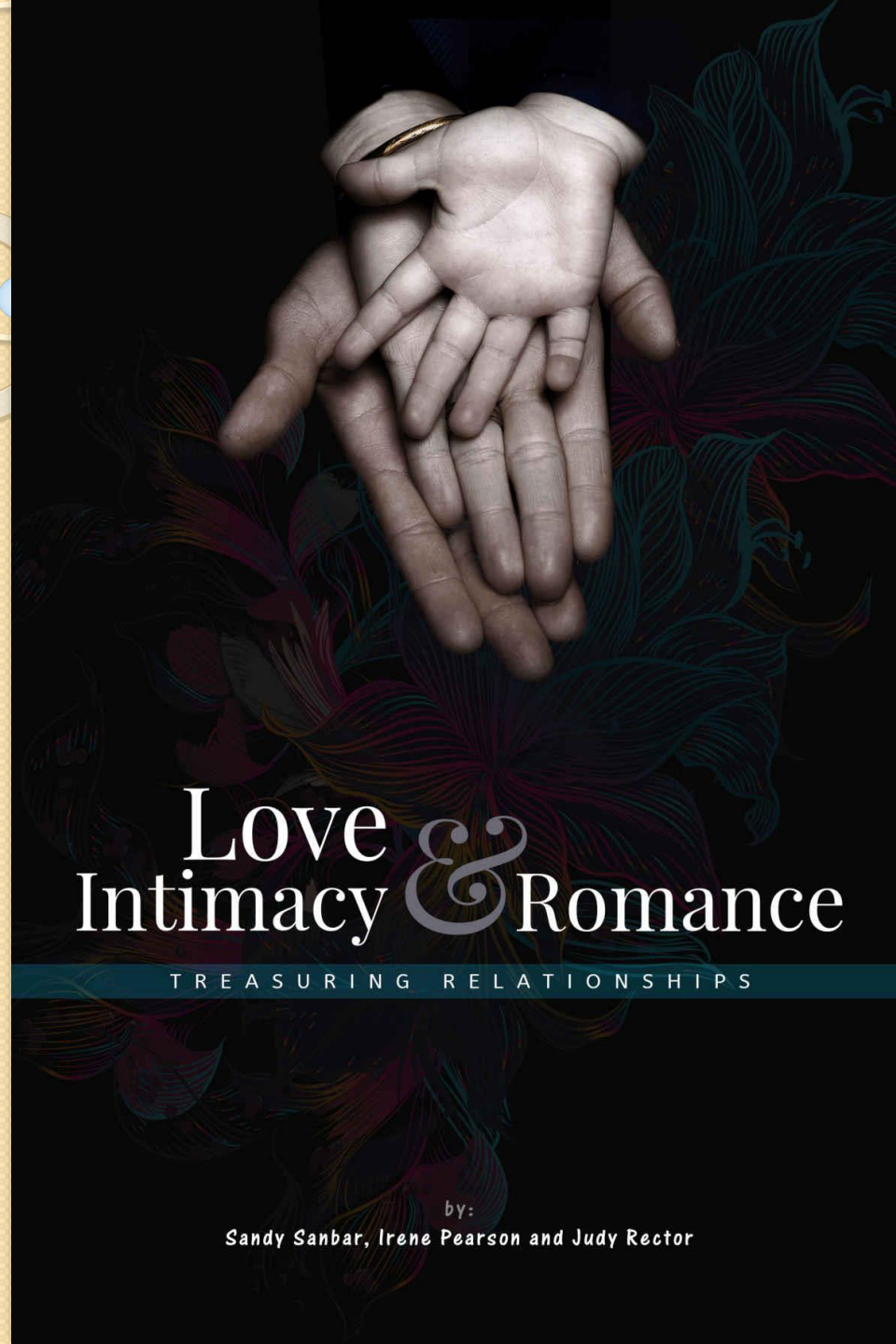


*Sex, Intimacy,
Love, and Romance
in Elderly and
Alzheimer's Patients*

**January
2018**

**Amazon
Kindle**

**Complimentary
Copy**



Love Intimacy & Romance

TREASURING RELATIONSHIPS

by:

Sandy Sanbar, Irene Pearson and Judy Rector



Justice Sandra Day O'Connor



**President Ronald Reagan and
Sandra Day O'Connor**



Justice O'Connor sworn in by C. J. Warren Burger in 1981 (John)



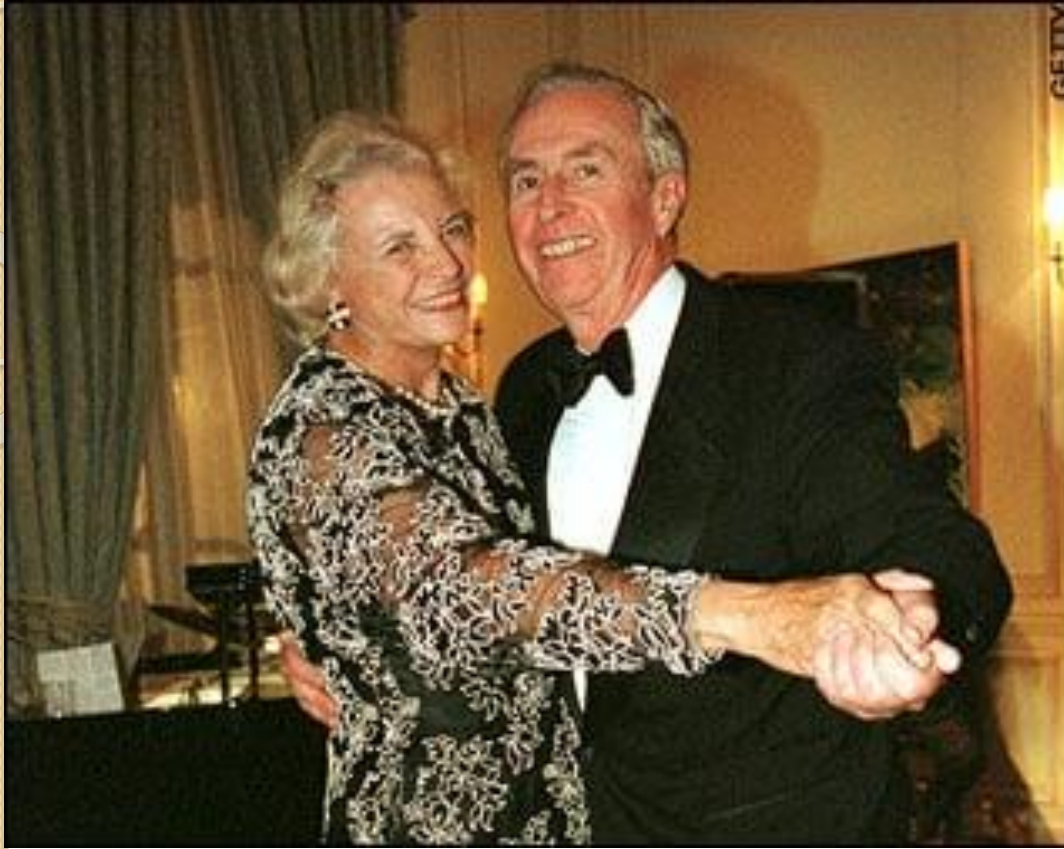
**Justice O'Connor ,John with
President George W. Bush, May 2004.**



**Aug. 12, 2009,
President
Barack Obama
presented
Medal of
Freedom at
the WH to
retired
Supreme
Court Justice
Sandra Day
O'Connor**



**Justices O' Connor, Sonia Sotomayor,
Ruth Bader Ginsburg, and Elena Kagan**



- Justice O'Connor and John were together for 55 years.
- Alzheimer's disease at an early age.
- Nursing home **LOVE** relationship

GREEK: Types of LOVE

1. **Storge** - Natural affection
2. **Philia** – Virtuous love
3. **Eros** – Sexual or Romantic desire
4. **Agape** – Divine love

CHINESE :

Types of **LOVE**

- ❑ ***Benevolent love*** –
Confucianism
- ❑ ***Universal love*** –
Mohism
- ❑ ***Passionate caring love*** -
Buddhism

Unconditional & Sacrificial **LOVE**

1

- Talidari

2

- Elisabeth Kübler-Ross

3

- Carol Mary - 'Poem'

Categories of **LOVE**

- ***Interpersonal Love***
- ***Unrequited Love***
- ***Impersonal Love***
- ***Sexual Fetishism and Paraphilia***
- ***Erotomania –***
‘de Clérambault's syndrome’

Marital Forms of **LOVE**

- **Consummate** - ideal kind of love.
- **Companionate** - affectionate love, friendship-based love, or attachment.
- **Sexless Love** - where sexual intimacy occurs fewer than ten times per year.

Friendship

1

- Aristotle

2

- Andrew Sullivan

3

- Mutual self-knowledge and will

Love

Triangular Interpretation

1. ***Passion***
2. ***Intimacy***
3. ***Commitment***

- Infatuation
- Liking someone
- Empty love
- Fatuous love
- Romantic love
- Companionate love
- Consummate love

Romantic v. Passionate LOVE

- Romantic relationship is the peak of love, security, engagement, communication and sexual chemistry.
- Passionate love” has most of the constructive features as romantic love., plus feelings of indecisiveness and nervousness.
It is ***“a state of intense longing for union with another.”***
- Passionate Love generally fades.

Natural Basis of **LOVE**

Norepinephrine

Dopamine

**Oxytocin and
Others**

LOVE - Inner Peace

1-2

- **State of mind**
- **Simplicity in life**

3-4

- **Acceptance of others**
- **Practicing forgiveness**

5-6

- **Insecurity**
- **David K. William - Quote**

LOVE -

Monogamous Relationships



GENETIC



SEXUAL



SOCIAL



MARITAL

LOVE - Polyamory

- Consensual Non-Monogamous (CNM) relationships
- 2013, Tammy Nelson, *“The New Monogamy: Redefining Your Relationship After Infidelity”*
- Polyamory Relationships
 - Gender equality
 - Hierarchal Polyamorous Relationships
 - Open or Close Polyamorous Relationships
 - Solo polyamory

More About Polyamory

- Polyamory Values
- Shortcomings of Polyamory
- Benefits
- Religion and Polyamory
- Legal Aspects of Polyamory
- Statistical Overview of Polyamory

Termination of LOVE

- Termination of Love
 - Intrapsychic phase
 - Dyadic phase
 - Social phase
 - Grave-dressing phase
- Ways of Ending a Relationship
- Second Marriages
- Reconciliation



LOVE in Alzheimer's Capacity to Consent

- Right to decide
- Sexual Power of Attorney
- Distinguish Sexual Pleasure v. Abuse
- Sexuality and Dementia in Nursing Homes



Capacity v. Competency in Dementia

- Capacity v. Competency
- Alternate Decision Makers
- Capacity and Dementia
- Assessment of Capacity
- Assessment Tools
- Continuation of Assessment of Capacity to Consent



Remember

Do what makes YOU

HAPPY

Be with who makes YOU

SMILE

LAUGH as much as

BREATHE

LOVE as long as you **LIVE**