

THE NORTHERN CALIFORNIA PSYCHIATRIC SOCIETY

presents



Sex and Psychiatry: Gender Issues in Clinical Practice

April 1-3, 2005

Napa Valley Marriott Hotel and Spa

3425 Solano Avenue

Napa, California 94558, USA

Phone: 1-707-253-8600 Fax: 1-707-258-1320

**46th
ANNUAL MEETING & SCIENTIFIC PROGRAM**

Welcome to the
Northern California Psychiatric Society

46th
ANNUAL MEETING & SCIENTIFIC PROGRAM

General Information

Registration Desk Open

Friday, April 1 1:30 pm - 6:30 pm
Saturday, April 2 7:30 am - 5:30 pm
Sunday, April 3 7:30 am - 12:30 pm

Refunds: Full refund of registration and special event fees will be made if cancellation is received before 5:00 pm on March 25.

Exhibit Hours

Friday, April 1 3:00 pm - 6:00 pm
Saturday, April 2 8:00 am - 10:30 am
12:00 noon - 3:45 pm
5:15 pm - 7:00 pm
Sunday, April 3 8:00 am - 10:15 am

Refreshments will be available
in the exhibit hall during the conference.

Target Audience

NCPS/APA member psychiatrists and other mental health professionals.

CME Credits

The Northern California Psychiatric Society is a CMA accredited provider of continuing medical education. Physicians attending this conference may report up to 11.5 hours of Category I credit towards the California Medical Education and the American Medical Association's Physician Recognition Award.



Ellen Haller, MD, President

2004-2005 Council Officers

Ellen Haller, MD, President
Peter L. Forster, MD, President-Elect
Byron J. Wittlin, MD, Vice President
Susan Jo Sanfilippo, MD, Secretary
Adam P. Nelson MD, Treasurer
Marvin H. Firestone, JD, MD
Immediate Past President
Barbara Yates, MD, Past President

Stephen C. Aron, MD
Gladys Bennet, MD
John Chamberlain, MD
Robin Cooper, MD
Anna Davidson, MD
James Eyerman, MD
Bruce S. Milin, MD
Frederick N. Parris, MD
Rebecca Powers, MD
Roderick Ponath, MD
Raymond Matthew Reyes, MD
William Tatomer, MD
Kathleen B. Unger, MD
Mytilee Vemuri, MD
Stephen J. Walsh, MD
Melinda Young, MD
Charles McNeil, Executive Director

2004-2005 Professional Education Committee

Susan R. Downs, MD, Chair
Gene Nakajima, MD, Chair
Jon Boone, MD
Stephen E. Hall, MD
Sylvine Baer Jerome, MD
Robert M. Kertzner, MD
Kathryn J. Lee, MD
Jenna Luu, MD
Teresa McGuinness, MD, PhD
Kerry Mitchell, MD
Frederick N. Parris, MD
David A. Rovno, MD
Mason Turner-Tree, MD
Timothy Van Deusen, MD
Stephen J. Walsh, MD
Barbara Yates, MD

Scientific Program

Friday, April 1

12:00 pm **Lunch at Napa State Hospital (Lunch will be available for \$20)**
1:00-2:30 **Tour of Napa State Hospital**

Jeffrey Zwerin, DO

Medical Director, Napa State Hospital

Howard Eisenstark, MD

Assistant Medical Director, Napa State Hospital

David Thomas, MD

Staff Psychiatrist, Napa State Hospital

The conference will start with lunch and a tour at Napa State Hospital (NSH) before continuing at the Napa Marriott. NSH opened in 1875 and at its peak in 1960 had 5,000 patients. At one time it was spread over 2,000 acres, which included extensive agricultural farms and orchards that made the hospital as self sufficient as possible. Currently, NSH has the capacity to treat up to 1,362 patients, 80% of whom are forensically committed. Specialty areas include trial competency, geropsychiatry, water intoxication and skilled nursing. Psychiatrists treating sex-offenders will speak on the tour. In order to participate in the tour and to process security clearance, NCPS must receive your registration form at least two weeks before the conference with your date of birth and driver's license number (and State of issue).



Participants will be able to explain the evolving role of the State Hospital for individuals in need of long term residential treatment.

1:30-6:30 Registration Desk Open
3:00-6:00 Exhibits open
3:30-5:00 **Forum on Implementation of Proposition 63, the Mental Health Services Act**

Moderator, Frederick Parris, MD

Past-president of NCPS, Assistant Clinical Professor of Psychiatry, UCSF, Private Practice, San Francisco

Richard Shadoan, MD

Past-president of NCPS and CPA, Clinical Professor of Psychiatry, UCSF, Private Practice, Medical Director of San Francisco Aftercare Program

■ Scientific Program ■

Friday, April 1

Forum continued

Robin Cooper, MD

*NCPS Councilor, Private Practice,
Assistant Clinical Professor of Psychiatry, UCSF*

Tiffany Ho, MD

*Medical Director, Santa Clara County Mental
Health Department, Past Medical Director,
Marin County Mental Health Department*

In November 2004, over 53% of Californians passed Proposition 63, which adds an extra \$700 million a year for public mental health services. Richard Shadoan, MD is head of the Proposition 63 Implementation Task Force of CPA and Robin Cooper, MD will chair implementation efforts within NCPS.

4:00-7:00 Exhibits open

5:00-6:00 Reception

6:00-10:00 Dinner/Film *The Hours*

The Hours, based on the Pulitzer prize-winning novel by Michael Cunningham is his homage to Virginia Woolf's *Mrs. Dalloway*. The movie traces a day in the life of three women in different eras: Woolf herself (in an Oscar-winning performance by Nicole Kidman), Meryl Streep as a contemporary New York editor organizing a party for a poet with AIDS, and Julianne Moore as a 50's housewife in Los Angeles. The film received many Oscar nominations including best film, Moore for supporting actress, Stephen Daldry for director, Playwright David Hare for screen adaptation, and Philip Glass for his score. (114 min.)



Participants will have a deeper understanding of the struggles that women face as they confront societal constraints, while trying to attain meaning and self-actualization.

Discussants:

Catherine Mallouh, MD

*Assistant Clinical Professor of Psychiatry, UCSF;
Candidate, San Francisco Psychoanalytic Institute*

Howard Rubin, MD, MSHS

*Private Practice, Graduate Student in Creative
Writing, SFSU, Clinical Adjunct Faculty, UCSF*

Saturday, April 2

7:00 am **Fun run/walk:
Gene Nakajima, MD -
Meet at NCPS
Registration Desk**

7:30-8:00 **Meditation**

Kathryn Lee, MD

*Private Practice in Berkeley and San Francisco;
Assistant Clinical Professor of Psychiatry, UCSF*

Dr. Lee will lead a morning meditation, giving a short introduction to the practice of mindfulness and then guiding the group through a 20-minute session. She has a 20-year mindfulness meditation practice in the Zen tradition.

To identify how meditative work can be incorporated into psychotherapy practice.

**Exhibits Open: 8:00-10:30 am,
12:00-3:45 pm, 5:15-7:00 pm**

8:00-9:00 Continental breakfast in
Exhibit Area

**8:00-9:00 Breakfast
Plenary Meeting,
Presidential Forum**

Ellen Haller, MD, President, NCPS

*Adjunct Professor of Psychiatry, UCSF,
Director, Adult Psychiatry Clinic,
Langley Porter Psychiatric Institute*

**Giving 200%: Your Career, Your Life
Nada Stotland, MD, MPH**

*Professor of Psychiatry, Rush Medical College,
APA Secretary, Author or Editor of
7 Books and Over 70 Articles*

Medicine and family each demand 100% dedication. With planning, determination, and good will, physicians can achieve balance and improve life satisfaction.



Participants will be able to implement coping strategies that improve effectiveness and life satisfaction.

9:00-12:00 Clinical Update

**Gender Issues:
Nature vs. Nurture**

Moderator, Introductions

Susan Downs, MD, MPH

Assistant Clinical Professor of Psychiatry, UCSF

The Glass Ceiling Within

Catherine Mallouh, MD

*Assistant Clinical Professor of Psychiatry, UCSF;
Candidate, San Francisco Psychoanalytic Institute*

Women experience psychological conflict around ambition, success and aggression. Psychodynamic perspectives on this problem will be discussed and integrated to improve our understanding of the difficulties that still seem to be predominant in women.

**Gender Differences,
Do They Matter?**

Regina Casper, MD, PhD

*Professor of Psychiatry,
Women's Wellness Program, Stanford University*

This talk will focus on gender differences. We will review differences in biologic parameters, in psychological development and the environment and how they affect the presentation and treatment of mental illness across the life cycle.

**Bipolar Affective Disorder (BAD)
in Women**

Alla Spivak, MD

*Women's Mood and Hormone Clinic,
Langley Porter Psychiatric Institute, UCSF*

Main gender differences in clinical presentation course, prognosis, approaches to diagnosis, and treatment options in BAD will be discussed. Current updates on BAD II versus BAD I in different genders, and clinical course and treatment of BAD in pregnancy and postpartum will also be examined.



At the end of this update, the clinician will be able to describe how gender roles may affect the susceptibility to mental illness.

**12:15-1:45 Luncheon &
Plenary Session**

**Talking About Sexual
Dysfunction to Enhance
Adherence to Medication**

Philip Muskin, MD

*Professor of Clinical Psychiatry and
Chief of Consultation-Liaison Service at
Columbia University, Faculty Columbia
University Psychoanalytic Center*

This talk will review the various components of how patients function sexually with a focus on the interaction between patient and physician. A framework for discussing sexual matters directly in order to enhance patients' ability to remain in pharmacologic treatment will be presented.



The participant will be able to describe strategies to discuss sexual dysfunction openly.

*Sponsored by an unrestricted educational grant
from GlaxoSmithKline.*

2:00-3:30 Workshop 1

Women's Health and Illness

**Evaluation of Perimenopause,
Impact on Women's Mental Health**

Elizabeth Springer, MD

*4th Year Resident, UCSF; Senior Resident in
Women's Mood and Hormone Clinic*

Discussion of the typical presentation of perimenopausal symptoms as well as treatment/management of symptoms including sexual dysfunction.

**The Woman Behind the Scars:
a Journey Through
the Experience of Breast Cancer**

Sylvine Jerome, MD

*Assistant Clinical Professor, UCSF, Co-developer
of The Bay Area Breast Care Program*

The workshop will impart an understanding of the experience of breast cancer, focusing on the psychiatric and emotional sequelae of both diagnosis and treatment. Special attention will be devoted to the impact this particular constellation of events has on women's lives, self-image, and sexuality.



Participants will recognize how to treat the mood symptoms and sexual identity issues that arise during perimenopause and Breast Cancer.



■ Scientific Program ■

Saturday, April 2 (cont.)

2:00-3:30 Workshop 2

(En)gendering the Psyche and Soma: The Implications of Gender in Clinical and Research Practice

"He says; She says": Gender Differences in Communication Styles: How Does It Affect the Patient-Doctor Relationship?

Mytilee Vemuri, MD

PGY-3 Resident in Psychiatry, Stanford University with Interests in Women's Health and Psychosomatic Medicine; Resident Councilor, NCPS

This presentation will consider work from popular linguists and others to better understand how our patients communicate with us and with people in their lives.

Early Maturation as a Risk Factor for Aggression and Delinquency in Adolescent Girls

Maria Celio, BA

Research Coordinator for Youth Studies at the Stanford Center for Prevention Research

Hans Steiner, MD

Director of Education, Child & Adolescent Psychiatry, Professor of Psychiatry, Stanford University

This paper presents an overview of the ways that early maturation is seen as a risk factor for aggression in girls. Maturation will be analyzed as simultaneously a developmental, biological and social process, contextualized in our broader understanding of female aggression.

Double Trouble: An Analytic Perspective on Masculinity, Sexual-ity & Development in Twin Males

Niranjan Karnik, MD, PhD

PGY-3 Resident in Psychiatry, Stanford University, with Research Interests in Underserved Children

In this presentation, two cases of pairs of male twins are presented in a psychoanalytic model to examine the processes of adolescent sexual development. Particular attention is paid to ways that the twin symbiosis plays a unique role in the formation of a sexual identity.

Discussant: Paris Schaefer, PsyD

Psychologist, Vaden Health Center at Stanford University



To describe investigations about the nature of gender in current thinking with specific attention to issues that examine the mind-body divide.

2:00-3:30 Workshop 3

Contemporary Issues in Gay, Lesbian and Bisexual Mental Health

Gay History 101: A Cultural Perspective on Working with Lesbian and Gay Patients

John Furman, JD, MD

Clinical Instructor, UCSF, San Francisco General Hospital

David Sutherland, MD, PhD

Clinical Instructor, UCSF, San Francisco General Hospital

Significant historical events in the gay and lesbian social rights movement of the 20th century will be discussed, focusing on how these events have contributed to the development of a unique cultural perspective and identity. The impact of this perspective on treatment issues will be reviewed through selected case material and discussion.

Adult Homosexual Development and the Self

Sharone Abramowitz, MD

Private Practice in Oakland & San Francisco; Director, Behavioral & Co-Director Humanist Medicine Program, Primary Care Medicine, Alameda County Medical Center

Using self psychology cases of adult gays and lesbians, this presentation explores the impact of living within a society that does not recognize the homosexual's independent center of subjective experience. While homosexuals develop exquisite attunement to the majority culture, most homosexuals at the general cultural level (not necessarily at the personal level) are excluded from the reciprocal self-object experience that mainstream society offers heterosexuals throughout the adult lifespan.

Major Depression in Men Who Have Sex with Men (MSM) and Women Who Have Sex with Women (WSW): Current Research

Thomas Mills, MD, MPH

Clinical Associate Professor of Psychiatry, University of Pittsburgh

Recent population-based surveys have estimated the prevalence of major depressive disorder to be roughly three times as prevalent in WSW and MSM than women and men in the general population. What does current research show about the predictors and cofactors related to major depression in these populations?



Participants will be able to describe lesbian and gay culture and psychological development.

3:30-3:45 Break

3:45-5:15 Workshop 4

Update on Transgender and Intersex Mental Health

The Biology of Gender, from Chromosomes to Brain Nuclei

Robin Dea, MD

Chair, Chiefs of Psychiatry Northern California Kaiser Permanente; Regional Director, Mental Health Services

This talk offers a detailed look at the various biological influences on gender identity, examining various outcomes related to gender identity based on known clinical syndromes such as 5-alpha-reductase deficiency, Androgen Insensitivity Syndrome (AIS), transsexualism, and on recent research on the bed nucleus of the stria terminalis. It juxtaposes scientific evidence with our usual social and clinical conceptions of what constitutes gender.

Principles of Transgender Care:

Dan Karasic, MD

Associate Clinical Professor of Psychiatry, UCSF; President-Elect Association of Gay and Lesbian Psychiatrists; Psychiatrist, Transgender Life Care Program, Castro-Mission Health Center

Transgendered-identified people are increasingly represented in the practices of Bay Area psychiatrists. Principles of care of transgendered patients, including evaluation of issues relating to gender dysphoria and transition, as well as culturally competent care, will be presented.

No Person, Intersexed or Otherwise, is an Island

Kathleen Unger, MD

Associate Clinical Professor of Psychiatry, UCSF, with Additional Qualifications in the Field of Addiction Medicine

Intersexed persons inhabit the same complex, multi-layered, and inconsistent society as do their fellow members of the human race. Appropriate responses by clinicians that are sensitive to the special needs of this minority population will facilitate achieving the level of mutual trust that allows psychotherapy to proceed.



Participants will gain enhanced knowledge about modern concepts of gender identity, intersex individuals and gender dysphoria.

3:45-5:15 Workshop 5

Hypersexuality: Paraphilias & Crystal Meth

Psychiatric Management of Hypersexuality & Paraphilias

Douglas Tucker, MD

Board-certified in General, Forensic and Addiction Psychiatry; Faculty in Forensic Psychiatry, UCSF

Psychiatric residencies do not currently train psychiatrists to assess and manage hypersexuality, paraphilic disorders, or sexual offending behavior; however, these conditions are common and quite treatable. We will review the available psychopharmacologic approaches with an emphasis on practical aspects of clinical management for the general psychiatrist.

Crystal Meth: The Cultural Context of Gay Drug Use and Its Implications for Drug Treatment

Murtuza Ghadiali, MD

Hospitalist, Department of Internal Medicine, Kaiser South San Francisco

■ Scientific Program ■

This talk will cover the basics of the pharmacology and epidemiology of methamphetamine use and its history of use in the world, then go on to cover circuit parties, sexual marathons and compulsivity, and finally research on treatment of addiction for gay men.



Participants will be able to discuss the prevalence and public health significance of paraphilias, sexual offending behavior, and crystal methamphetamine abuse.

3:45-5:15 Workshop 6

Psychiatric Treatment During and After Pregnancy

Eating Disorders and Pregnancy

Sarah Barrios, MD

Third Year Psychiatry Resident, UCSF with Interest in Women's Issues, Psycho-Obstetrics and Public Psychiatry

The presentation examines complex effects of anorexia and bulimia (medical and psychological) on pregnancy.

Psychiatric Medication During Pregnancy: What Information to Trust!

Anna Spielvogel, MD

Clinical Professor of Psychiatry, UCSF, Consultant to OB-GYN, San Francisco General Hospital

Participants will learn how to engage pregnant women in risk benefit analyses, weighing the risks of untreated illness against the risks of medication. Decisions regarding medication taper or discontinuation prior to birth will be addressed.

The Use of Psychotropics in Breastfeeding Women

Anne Fleming, MD, MA

Assistant Clinical Professor of Psychiatry, UCSF; Consult-Liaison Service, San Francisco General Hospital

This talk will present strategies for dealing with using medications in lactating women. In addition, it will provide an update on available safety information on psychotropic medication in lactation.



Participants will be able to describe recent safety information regarding medication in pregnancy and breastfeeding.

6:00-7:00 President's Reception

7:00-11:00 Dinner & Dancing

Sunday, April 3

8:00-10:15 Exhibits Open

7:45-9:00 Networking/ Mentoring Breakfast

Tables will be set up to encourage networking among conference attendees. Tables will be arranged by topic areas, and we will ask for volunteers to facilitate informal discussions. Please contact the NCPS office if you would like to facilitate discussion at one of the tables. Possible topics (along with confirmed facilitators in parentheses) may include: Women's Issues; Foren-

sics; Public Mental Health; Child and Adolescent, Cross Cultural, LGBT (Ellen Haller, MD); Geriatrics (Barbara Yates, MD) and Resident/ Fellows.

8:00-9:00 Continental breakfast in the exhibit area.

9:15-10:15 Plenary Session

Women in Psychiatry: The More Things Change

Carolyn Robinowitz, MD

Clinical Professor of Psychiatry and Former Dean at Georgetown University School of Medicine; APA Treasurer

This presentation will discuss the roles and functions of women in psychiatry, with some emphasis on women's participation in organized psychiatry, and the role of the APA in enhancing women's careers.

To identify opportunities and challenges for women in organized medicine.

10:15-10:30 Break

10:30-12:00 Workshop 7

Gender Diversity from an Emotional Empowerment Education Perspective

Loma Flowers, MD

Former Clinician and NCPS President, International Consultant in Personal and Professional Development

This workshop will introduce the participants to a basic five-step curriculum on normal development, i.e. "psychonormality." Participants will then explore and compare their own experiences with gender issues at each step as they examine their individual professional or personal development and emotional competence from this perspective.



Participants will recognize contemporary examples of diversity and their correlates with gender differences.

10:30-12 00 Workshop 8

Same Sex Marriage: Mental Health & Personal Perspectives

Equal Rights Promised and Then Taken Away: Explaining Discriminatory Marriage Laws to a 7 Year Old

Ellen Haller, MD

Adjunct Professor of Psychiatry, UCSF, Director, Adult Psychiatry Clinic, Langley Porter Psychiatric Institute

Ellen Haller, MD had an appointment to be married; however, just 4 days before her wedding in SF, the California Supreme Court ruled that SF had to immediately cease and desist the granting of same sex marriage licenses thus canceling the appointment. She will describe the difficulty explaining these legalities to her seven-year-old son.

San Francisco Weddings - A Marriage of the Private and Public

John Kruse, MD, PhD

Private Practice, San Francisco

The public celebration of Dr. Kruse's wedding on Valentine's Day, 2004 at City Hall demonstrates how validation counters the corrosive effects of stigmatization and rejection on mental health. Validation from family and friends, the lesbian, bisexual and gay community, the San Francisco political establishment, and the country and world at large, is increasingly powerful in eradicating discrimination and stigmatization.

Mental Health Aspects of Same Sex Marriage

Robert Kertzner, MD

National Sexuality Resource Center, SFSU; Private Practice, San Francisco; Adjunct Associate Research Scientist, Columbia University Department of Psychiatry

This talk will review same sex marriage from the perspective of what is known (from research) about the mental health benefits of marriage and, conversely, the effects of denying marital rights on the mental health of LGBT persons and their families. I will discuss a same sex marriage mental health policy paper being prepared by the National Sexuality Resource Center.

Same Sex Marriage in Canada

Gene Nakajima, MD

Staff Psychiatrist, Center for Special Problems

Dr. Nakajima was married in Vancouver several months before marriages were allowed in the US, and he will discuss the emotional journey traveling to another country for marriage. He will also discuss the APA position on same-sex marriages.



Participants will be able to distinguish the dynamics of heterosexual and homosexual couples including the role that gender plays in shaping relationship dynamics and satisfaction.

10:30-12 00 Workshop 9

Ethnic and Gender Issues in Psychopharmacology

Albert C. Gaw, MD, DLFAPA

Clinical Professor of Psychiatry, UCSF; Medical Director of Quality Management, Community Behavioral Health Services, San Francisco; Staff Psychiatrist, Mission Mental Health; Private Practice

This presentation will review inter-ethnic and gender issues in therapeutic responses of psychotropic medications and in their side effect profiles. It will cover pathways affecting drug effects and chemical reactions of drug metabolism as well as cross-cultural and gender variations on pharmacokinetics, pharmacogenetics and pharmacodynamics of drug metabolism.



Participants will be able to recognize inter-ethnic and gender variations affecting psychotropic drug metabolism.

12:00 Adjourn



Saturday, April 2

**6:00 - 7:00 pm
PRESIDENT'S RECEPTION**

**NCPS President Dr. Ellen Haller
invites you to enjoy
refreshments and appetizers.**



Swingin' Earthlings is a dance band that plays great hits of the fifties, sixties, seventies, and eighties. From ballads to rock, funk to disco, the Swinging Earthlings get your feet moving and your soul as well. Tickets can be bought separately for this event for those who cannot attend the rest of the conference.

▪ **Faculty** ▪

Sharone Abramowitz, MD • Private practice in Oakland & San Francisco; Director, Behavioral & Co-Director Humanist Medicine Program, Primary Care Medicine, Alameda County Medical Center

Sarah Barrios, MD • Third year Psychiatry Resident, UCSF with interest in women's issues, psycho-obstetrics and public psychiatry

Regina Casper, MD, PhD • Professor of Psychiatry, Women's Wellness Program, Stanford University

Maria Celio, BA • Research Coordinator for Youth Studies at the Stanford Center for Prevention Research

Robin Cooper, MD • NCPS Councilor, Private Practice, Assistant Clinical Professor of Psychiatry, UCSF

Robin Dea, MD • Chair, Chiefs of Psychiatry Northern California Kaiser Permanente; Regional Director, Mental Health Services

Susan Downs, MD, MPH • Assistant Clinical Professor of Psychiatry, UCSF

Howard Eisenstark, MD • Assistant Medical Director, Napa State Hospital

Anne Fleming, MD, MA • Assistant Clinical Professor of Psychiatry, UCSF; Consult-liaison Service, San Francisco General Hospital

Loma Flowers, MD • Former Clinician and NCPS President, International Consultant in Personal and Professional Development

John Furman, JD, MD • Clinical Instructor, UCSF, San Francisco General Hospital

Albert C. Gaw, MD, DLFAPA • Clinical Professor of Psychiatry, UCSF; Medical Director of Quality Management, Community Behavioral Health Services, San Francisco; Staff Psychiatrist, Mission Mental Health; Private Practice

Murtuza Ghadiali, MD • Hospitalist, Department of Internal Medicine, Kaiser South San Francisco

Ellen Haller, MD • President, NCPS; Adjunct Professor of Psychiatry, UCSF, Director, Adult Psychiatry Clinic, Langley Porter Psychiatric Institute

Tiffany Ho, MD • Medical Director, Santa Clara County Mental Health Department, Past Medical Director, Marin County Mental Health Department

Sylvine Jerome, MD • Assistant Clinical Professor, UCSF, Co-developer of The Bay Area Breast Care Program: an integrated complementary program for women with cancer

Dan Karasic, MD • Associate Clinical Professor of Psychiatry, UCSF; President-Elect Association of Gay and Lesbian Psychiatrists; Psychiatrist, Transgender Life Care Program, Castro-Mission Health Center

Niranjan Karnik, MD, PhD • PGY-3 Resident in Psychiatry, Stanford University, with research interests in underserved children

Robert Kertzner, MD • National Sexuality Resource Center, SFSU; Private Practice, San Francisco; Adjunct Associate Research Scientist, Columbia University Department of Psychiatry

John Kruse, MD, PhD • Private Practice, San Francisco

Kathryn Lee, MD • Private Practice in Berkeley and San Francisco; Assistant Clinical Professor of Psychiatry, UCSF

Catherine Mallouh, MD • Assistant Clinical Professor of Psychiatry, UCSF; Candidate, San Francisco Psychoanalytic Institute

Thomas Mills, MD, MPH • Clinical Associate Professor of Psychiatry, University of Pittsburgh

Philip Muskin, MD • Professor of Clinical Psychiatry and Chief of Consultation-Liaison Service at Columbia University, Faculty Psychoanalyst Columbia University Psychoanalytic Center

Gene Nakajima, MD • Staff Psychiatrist, Center for Special Problems

Frederick Parris, MD • Past-president of NCPS, Assistant Clinical Professor of Psychiatry, UCSF, Private Practice, San Francisco

Carolyn Robinowitz, MD • Clinical Professor of Psychiatry and former Dean at Georgetown University School of Medicine; APA Treasurer

Howard Rubin, MD, MSHS • Private Practice, Graduate Student in creative writing, SFSU, Clinical Adjunct Faculty, UCSF

Paris Schaefer, PsyD • Psychologist, Vaden Health Center at Stanford University

Richard Shadoan, MD • Past-president of NCPS and CPA, Clinical Professor of Psychiatry, UCSF, Private Practice, Medical Director of San Francisco Aftercare Program

Anna Spielvogel, MD • Clinical Professor of Psychiatry, UCSF, Consultant to OB-GYN, San Francisco General Hospital

Alla Spivak, MD • Women's Mood and Hormone Clinic, Langley Porter Psychiatric Institute, UCSF

Elizabeth Springer, MD • 4th year resident, UCSF; Senior Resident in Women's Mood and Hormone Clinic

Hans Steiner, MD • Director of Education, Child & Adolescent Psychiatry, Professor of Psychiatry, Stanford University

Nada Stotland, MD, MPH • Professor of Psychiatry, Rush Medical College, APA Secretary, author or editor of 7 books and over 70 articles

David Sutherland, MD, PhD • Clinical instructor, UCSF, San Francisco General Hospital.

David Thomas, MD • Staff Psychiatrist, Napa State Hospital

Douglas Tucker, MD • Board-certified in general, forensic, and addiction psychiatry; faculty in Forensic Psychiatry, UCSF

Kathleen Unger, MD • Associate Clinical Professor of Psychiatry, UCSF, with additional qualifications in the field of Addiction Medicine.

Mytilee Vemuri, MD • PGY-3 Resident in Psychiatry, Stanford University with interests in women's health and psychosomatic medicine; Resident Councilor, NCPS

Jeffrey Zwerin, DO • Medical Director, Napa State Hospital

▪ **Hotel Information** ▪

**Napa Valley
Marriott Hotel**
3425 Solano Avenue
Napa, CA, 94558, USA
Phone: 1-707-253-8600
Fax: 1-707-258-1320

As the most distinguished choice of Napa resorts, the Marriott Napa Valley Hotel & Spa combines modern convenience with Marriott's unmatched standards of excellence to ensure a comfortable stay. A spectacular \$20 million expansion and renovation has transformed our Napa Valley accommodations into extraordinary therapy for the senses — with amenity-filled guest rooms and a full host of indulgent services.

**Reserve by March 1 to ensure Group Rate
Single or Double Rate \$169**
**Ask for Northern California Psychiatric
Society (NCPS) rate**

▪ **Directions** ▪

From San Francisco Airport (60 mi NE): Take Highway 101 North to 80 East. Cross the Bay Bridge. Follow signs to Sacramento. Exit onto Highway 37. Turn right on Highway 29 North. Turn left at Redwood Road. Turn right on Solano Avenue.

From Oakland Airport (50 mi N): Take Highway 880 North to 980, to 580 West, to 80 East (Sacramento). Exit Highway 37. Turn right on Highway 29 North. Turn left onto Redwood Road. Turn right on Solano Avenue.

Directions to Napa State Hospital from San Francisco (44 mi NE): Take I-80 East. Take the CA-37/Columbus Pkwy exit towards Napa. Merge onto Marine World Pkwy. Turn slight right onto Broadway St. Turn left onto Mini Dr. Turn right onto Sonoma Blvd. Sonoma Blvd becomes CA-12 West. Go straight. Stay straight to go onto Napa-Vallejo Hwy. Turn right onto Imola Ave. Total Estimated Time: 1 hour

Napa State Hospital
2100 Napa-Vallejo Highway
Napa, California 94558-6293
PHONE: (707) 253-5000

■ Resident Stipends ■

Complementary registration is available to all Residents and stipends of \$170 are available to NCPS Member Residents who attend the Annual Meeting and complete at least 6 hours of continuing medical education. Residents should consider joining since membership in APA is complimentary for the first year. Membership fees in NCPS are \$60/yr. and allow Residents to attend all NCPS CME courses for free. Education sessions attended must be noted at Registration Desk. Stipends will be mailed following the completion of a signed form acknowledging attendance at educational sessions. For further information, call NCPS at 415-334-2418, ext. 101.

Resident Stipends provided by the Psychiatric Foundation of Northern California



Program Registration Form

Name (please use one form per CME registrant) _____
 Address _____
 City _____ State _____ Zip _____
 Telephone _____ Fax _____
 Name of guest(s)* attending _____

Registration Fees

- NCPS/APA Member \$210 \$ _____
- Non-member Physician \$290 \$ _____
- Other MH Professional \$275 \$ _____
- Psychiatric Resident \$ 0 \$ _____
- Guest (no CMEs)** @ \$ 50 \$ _____

Special Events

Friday, April 1

- Lunch and Tour at Napa State Hospital*****
_____ Persons @ \$ 20 \$ _____
- Forum on Implementation of Proposition 63**
_____ Persons @ \$ 0 \$ _____
- President's Reception**
_____ Persons (complimentary) @ \$ 0 \$ _____
- Dinner and Film - The Hours**
_____ Persons @ \$ 40 \$ _____

Saturday, April 2

- Breakfast Meeting: Giving 200% - Your Career, Your Life**
_____ Persons @ \$ 15 \$ _____
- Luncheon Meeting: Sexual Dysfunction**
_____ Adults @ \$ 25 \$ _____
- Dinner and Dancing**
_____ Persons @ \$ 45 \$ _____
_____ Children under 12 @ \$ 20 \$ _____

Sunday, April 3

- Breakfast Meeting: Networking Breakfast**
_____ Persons (complimentary) @ \$ 0 \$ _____

TOTAL \$ _____

- Check enclosed (payable to NCPS) for total amount.
- Or charge to my Visa Mastercard.

Acct. No. _____ Exp. Date _____

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Signature _____

Program

Please indicate which sessions you plan to attend. Reservations are required at those programs followed by an (R). See left column.

Friday

- Lunch at Napa State Hospital (R)
- Forum on Implementation of Proposition 63
- Film: The Hours (R)

Saturday

- Breakfast Meeting: Giving 200% - Your Career, Your Life (R)
- Clinical Update I: Gender Issues: Nature vs. Nurture
- Luncheon Meeting: Sexual Dysfunction (R)
- Workshop 1: Health and Gender
- Workshop 2: (En)gendering the Psyche and Soma
- Workshop 3: Contemporary Issues in Lesbian, Gay, & Bisexual Mental Health
- Workshop 4: Update on Transgender and Intersex Mental Health
- Workshop 5: Hypersexuality and Compulsivity: Paraphilias and Crystal Meth
- Workshop 6: Psychiatric Treatment During and After Pregnancy

Sunday

- Breakfast Meeting: Networking/Mentoring (R)
- Plenary: Women in Psychiatry: The More Things Change
- Workshop 7: Gender Diversity from an Emotional Empowerment Education Perspective
- Workshop 8: Same Sex Marriage: Mental Health and Personal Perspectives
- Workshop 9: Ethnic and Gender Issues in Psychopharmacology

Send completed form to:

Northern California Psychiatric Society
 1631 Ocean Avenue • San Francisco, CA 94112
 ☎ 415/334-2418 • 415/239-2533 fax

****A guest is a person accompanying a conference registrant who plans to attend some educational sessions and/or partake of complimentary meals and refreshments.**

***In order to participate in the tour, NCPS must receive the registration 3 weeks in advance, along with the following information:

Date of Birth: _____
 Driver's License #/State Issued _____



Northern California Psychiatric Society

1631 Ocean Avenue

San Francisco, California 94112

Ph: 415-334-2418 x102

Fax: 415-239-2533

ANNUAL MEETING & SCIENTIFIC PROGRAM



April 1-3, 2005

Napa Valley Marriott Hotel and Spa

3425 Solano Avenue

Napa, California 94558, USA

**Make your hotel reservations by March 1
to ensure group rate**

Phone: 1-707-253-8600 Fax: 1-707-258-1320

See page 6 for hotel information and room rates.